



MONTANA Packing LIST

Dates: June 30 - July 7 | # Days: 8 days / 7 nights | Expected Weather: Sunny! High 70s/80s, lows in 40s

Clothes, Shoes, & Accessories

✓	QTY.		✓	QTY.		✓	QTY.	
<input type="checkbox"/>	8	Underwear (women's & men's)	<input type="checkbox"/>		Dresses	<input type="checkbox"/>	1	Sneakers
<input type="checkbox"/>	8	Socks (women's & men's)	<input type="checkbox"/>		Skirts	<input type="checkbox"/>	1	Hiking shoes or boots
<input type="checkbox"/>	4	Bras	<input type="checkbox"/>	1	Sweaters	<input type="checkbox"/>		Dressier shoes
<input type="checkbox"/>	3	Sleepwear or loungewear	<input type="checkbox"/>	2	Sweatshirts	<input type="checkbox"/>	1	Sandals, flip flops, house shoes, etc.
<input type="checkbox"/>	8	T-shirts/casual shirts (1 long sleeve for hiking)	<input type="checkbox"/>	1	Outerwear: fleece or other jacket	<input type="checkbox"/>	Yes	Shoe covers for packing: plastic shower caps, or other
<input type="checkbox"/>		Dressier items: suit, blazers, shirts, blouses, etc.	<input type="checkbox"/>	1	Rain gear (womens: jacket & pants , mens: jacket & pants)	<input type="checkbox"/>		Accessories: Jewelry, scarves, tie, belts, going-out handbag, etc.
<input type="checkbox"/>	6	Pants & jeans (hiking pants/leggings)	<input type="checkbox"/>	1	Hat (sun protection)	<input type="checkbox"/>	Yes	Cold weather accessories: hat, gloves, scarf, long underwear, hand warmers, etc.
<input type="checkbox"/>	4	Shorts & skorts	<input type="checkbox"/>	Yes	Hiking clothes (covered by other clothes)	<input type="checkbox"/>	Water shoes	Special activity gear: water shoes, snorkel gear, skis/snowboard, beach bag, etc.
<input type="checkbox"/>		Fitness clothes (use hiking clothes)	<input type="checkbox"/>	1	Swimsuit, rashgaurd, swim cover-up	<input type="checkbox"/>	Yes	Laundry: laundry bag, stain remover, delicates bag, soap, drain stopper, etc.

Personal Care & Fitness

✓	QTY.		✓	QTY.		✓	QTY.	
<input type="checkbox"/>	1	Toothbrush	<input type="checkbox"/>	Yes	Shaving supplies: razor, cream, etc.	<input type="checkbox"/>	Yes	Orthodontic items: retainers, rubber bands, wax, etc.
<input type="checkbox"/>	1	Toothpaste	<input type="checkbox"/>	1	Body moisturizer	<input type="checkbox"/>	Yes	Nail care tools: clippers, files, etc.
<input type="checkbox"/>	1	Dental floss	<input type="checkbox"/>	1	Face cleansers	<input type="checkbox"/>	1	Tweezers
<input type="checkbox"/>	1	Mouthwash	<input type="checkbox"/>	1	Face moisturizers	<input type="checkbox"/>	Yes	Feminine care products
<input type="checkbox"/>	1	Deodorant	<input type="checkbox"/>	1	Acne treatments	<input type="checkbox"/>	1	Personal care wipes (for hikes)
<input type="checkbox"/>	1	Shampoo & conditioner	<input type="checkbox"/>	Yes	Other facial creams	<input type="checkbox"/>	Yoga mat	Travel fitness gear: yoga mat, resistance bands, etc.
<input type="checkbox"/>	1	Soap	<input type="checkbox"/>	1	Makeup	<input type="checkbox"/>	1	Travel sewing kit
<input type="checkbox"/>	Yes	Hair styling products	<input type="checkbox"/>	Yes	Sunscreen	<input type="checkbox"/>	Yes	Extra resealable plastic bags
<input type="checkbox"/>	Yes	Hair accessories: ties, clips, bands, etc.	<input type="checkbox"/>	Yes	Contact lens items (.e.g. solution, cases, back-up lenses, etc.)	<input type="checkbox"/>	Yes	Vitamins
<input type="checkbox"/>	Yes	Brush & comb	<input type="checkbox"/>	Yes	Glasses cleaner & shammy	<input type="checkbox"/>	Yes	Medical kit (see separate list)

	<input type="checkbox"/>	Yes	Hair styling tools: hair dryer, curling iron, etc.	<input type="checkbox"/>	1	Rewetting eye drops	<input type="checkbox"/>	
	✓	QTY.		✓	QTY.		✓	QTY.
Other	<input type="checkbox"/>	1	Swiss army knife for picnics/scissors	<input type="checkbox"/>	Yes	Travel games & cards	<input type="checkbox"/>	
	<input type="checkbox"/>		Backup copies: passports, credit cards, IDs	<input type="checkbox"/>	Yes	Insect repellent	<input type="checkbox"/>	Yes
	<input type="checkbox"/>	1	Portable speaker for music	<input type="checkbox"/>	Yes	Binoculars	<input type="checkbox"/>	1
	✓	QTY.		✓	QTY.		✓	QTY.
Carry-On	<input type="checkbox"/>	Yes	Cell phone &/or tablet	<input type="checkbox"/>	Yes	Hand sanitizer	<input type="checkbox"/>	Yes
	<input type="checkbox"/>	Yes	Laptop	<input type="checkbox"/>		If applicable: face masks	<input type="checkbox"/>	Yes
	<input type="checkbox"/>		Books or e-reader (e.g., Kindle, etc.)	<input type="checkbox"/>		Passport	<input type="checkbox"/>	Yes
	<input type="checkbox"/>		Other tech/games: Nintendo Switch, etc.	<input type="checkbox"/>		Travel wallet: IDs, insurance, credit & ATM cards, cash, etc.	<input type="checkbox"/>	
	<input type="checkbox"/>		If applicable: school devices/homework	<input type="checkbox"/>	Yes	Glasses & case	<input type="checkbox"/>	Yes
	<input type="checkbox"/>	Yes	Headphones: noise-cancelling or other	<input type="checkbox"/>	Yes	Sunglasses & case	<input type="checkbox"/>	
	<input type="checkbox"/>	Yes	Electronic chargers: plugs, cables, portable chargers, power banks, etc.	<input type="checkbox"/>	Yes	If applicable: bifocals/cheaters	<input type="checkbox"/>	Yes
	<input type="checkbox"/>		Plug adaptors for international travel	<input type="checkbox"/>	Yes	Travel cross-body bag or handbag	<input type="checkbox"/>	Yes
	<input type="checkbox"/>	Yes	Eye mask	<input type="checkbox"/>	Yes	Backpack	<input type="checkbox"/>	
	<input type="checkbox"/>	Yes	Tissue packs	<input type="checkbox"/>	2	Empty refillable water bottle(s)	<input type="checkbox"/>	
								Money belt
								Reusable/stuffable tote bag
								Flashlight/headlamp
								Camera: lenses, GoPro, selfie stick/tripod, lens cleaners, battery chargers
								Snacks, mints & gum
								Writing: pens, pencils, journal, &/or notepad
								Travel pillow
								Personal care items: lip balm, mousteriers, menstrual products, medications, etc.
								Valuables
								Change of clothes
								Itinerary: digital & paper
								Emergency banking & other contacts list
								Copies of important travel docs

For more detail and product recommendations, read, "[What To Pack for Glacier NP: Your Ultimate Checklist](#)" on gatherandgotravel.com.



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			✓	QTY.		✓	QTY.		✓	QTY.	
Medical Kit*	<input type="checkbox"/>	1 box	Cold suppressant: UMCKA	<input type="checkbox"/>	Yes	Antiseptic wipes	<input type="checkbox"/>	Yes	TUMS		
	<input type="checkbox"/>	1	Digital thermometer	<input type="checkbox"/>	1	Bacitracin: Neosporin or generic	<input type="checkbox"/>	1	Afrin		
	<input type="checkbox"/>	Yes	Adult acetaminophen: Tylenol or generic	<input type="checkbox"/>	Yes	Band-aids and gauze	<input type="checkbox"/>	1	Allergy nasal spray: Claritin or generic		
	<input type="checkbox"/>	Yes	Adult ibuprofen: Advil or generic	<input type="checkbox"/>	1	Hydrocortisone ointment	<input type="checkbox"/>	Yes	Allergy medicine: Claritin or generic antihistamine		
	<input type="checkbox"/>	Yes	Adult diphenhydramine: Benadryl or generic	<input type="checkbox"/>	Yes	Anti-nausea medication: prescription strength Zofran	<input type="checkbox"/>	1	Aloe vera		
	<input type="checkbox"/>	Yes	Sudafed	<input type="checkbox"/>	Yes	Anti-diarrheal: Imodium or generic	<input type="checkbox"/>	1	Tweezers (already bringing Swiss Army knife for scissors)		
	<input type="checkbox"/>		Children's acetaminophen & ibuprofen: Tylenol, Advil, or generic, chewable	<input type="checkbox"/>	Yes	Pepto-Bismol	<input type="checkbox"/>	Yes	Prescription medication(s)		

*Medical kit does not include over-the-counter skin care treatments or vitamins. These are included on main packing list.

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